



CONROE ISD PRESENTS



# FOR THE SAKE OF OUR YOUTH

PARENTING IN A TECH OBSESSED WORLD

WITH AUTHOR, PARENT AND THERAPIST  
TESSA STUCKEY



APRIL 13

MCCULLOUGH  
JR HIGH  
AUDITORIUM  
(SOUTH SIDE OF CAMPUS)  
THE WOODLANDS

6:30 PM

For All Parents

Ready to introduce smartphones?  
Already ventured into the world of screens?

Tessa is eager to share her research behind how our culture is impacting our kids and what parents can do **today** to ensure family balance wellbeing.

## TALKING POINTS

PARENTING WITH TECH:  
SMARTPHONES  
SOCIAL MEDIA  
SCREEN ADDICTION

6 CULTURAL INFLUENCES IMPACTING  
OUR KIDS

BUILDING STRONG PARENT/CHILD  
CONNECTION

PRACTICAL TIPS FOR TODAY'S  
PARENTING

[WWW.TESSASTUCKEY.COM](http://WWW.TESSASTUCKEY.COM)

**TESSA STUCKEY**  
LICENSED PROFESSIONAL  
COUNSELOR  
AUTHOR  
SPEAKER

Tessa isn't just a therapist but also the mother to 4 young boys here in CISD. Her passion has become personal to ensure safety not only for her own kids but their friends, the community, and beyond.



**CONROE**  
INDEPENDENT  
SCHOOL DISTRICT